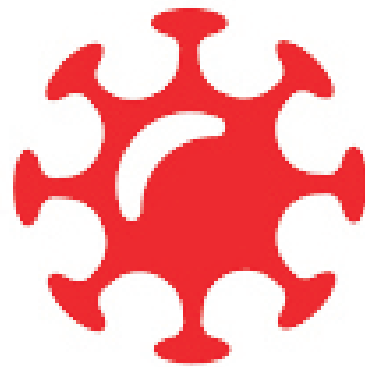


CORONAVIRUS (COVID-19) RESPONSE •

Have you downloaded **COVIDWISE**,
Virginia's COVID-19 exposure notification app?

Add your phone to the fight [here](#).

For up-to-date information, assistance, and
resources from across state government, [click here](#).



COVID-19
CORONAVIRUS



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

**Wash your hands
often with soap
and water for at
least 20 seconds.**



cdc.gov/coronavirus

CS31917B May 12, 2020 4:01 PM

How Do I Wear A Face Covering?



Face coverings should be placed over the mouth and nose, allow for breathing without any restriction, and fit snug against the side of your face.

Your nose and mouth should **NOT** be exposed.

KEY TIMES to Practice Social Distancing



Inside your home when someone has, or thinks they have, COVID-19

If possible, stay at least 6 feet away.



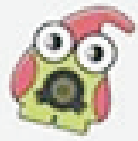
Outside your home

Stay at least 6 feet away from people outside of your household in indoor / outdoor spaces. Stay out of crowded places if possible.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

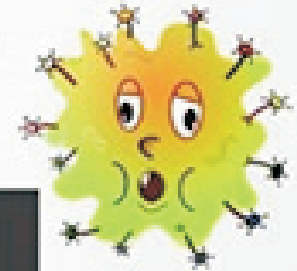
CS317639-A 07/05/2020



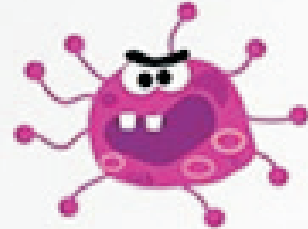
DON'T SPREAD



GERMS



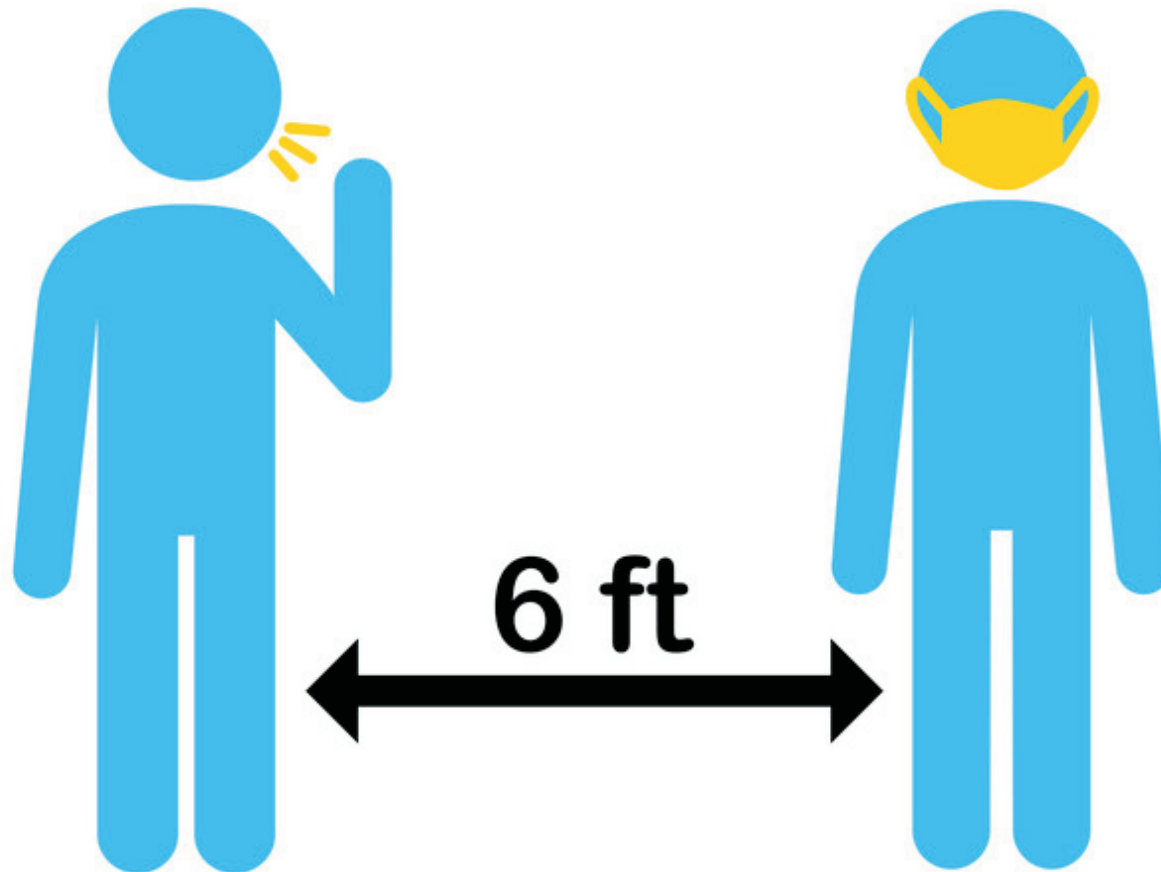
WASH



YOUR HANDS



KEEP SAFE DISTANCE





DO choose masks that



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps