

# How Food Can Become Contaminated

Name \_\_\_\_\_ Date \_\_\_\_\_ Score \_\_\_\_\_

## TRUE OR FALSE

T \_\_\_ F \_\_\_ 1. You can contaminate food if you touch it after sneezing into your hands.

T \_\_\_ F \_\_\_ 2. You should never touch a pimple or sore before handling food.

T \_\_\_ F \_\_\_ 3. Wearing a dirty uniform or apron can contaminate food.

## SHORT ANSWER

1. Name four ways that you can contaminate food.

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## EXERCISE

Place a check mark next to each action that can lead to the contamination of food.

\_\_\_ Running your fingers through your hair

\_\_\_ Wearing a hat or hair net

\_\_\_ Touching a sore or pimple

\_\_\_ Wearing a clean apron

\_\_\_ Wiping your nose